

Confidence Building Course

Wednesday 8 January

Every Wednesday for six weeks

9.30am - 3pm

United Reformed Church,
Hollinshead Street, Chorley, PR7 1EP

Do you or does somebody you know want to build their confidence? With this course you will have the opportunity to learn about and apply new skills and techniques to help build personal confidence and self-esteem, whether in everyday life or when applying for jobs.

Free for those on certain benefits and for those aged 19 years +

To book call **01257 515151**
or email communities@chorley.gov.uk

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Council

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