

# INSPIRE YOUTH ZONE SESSIONS 27th JULY - 31st AUGUST

Be Active to be added into the programme from 10th August.

		MONDAY SENIORS	TUESDAY JUNIORS	WEDNESDAY SENIORS	THURSDAY JUNIORS	FRIDAY SENIORS
INSPIRE YOUTH ZONE	4.15PM - 5.45PM	BE TRANSFORMED  REC	BE TRANSFORMED  BE LOUD  BE ACTIVE  REC	BE CREATIVE  BE LOUD  BE ACTIVE	REC  BE CREATIVE  BE TASTY  BE DRAMATIC	BE TASTY  BE DRAMATIC
	6PM - 7.30PM	BE TRANSFORMED  REC	BE TRANSFORMED  BE LOUD  BE ACTIVE  REC	BE CREATIVE  BE LOUD  BE ACTIVE	REC  BE CREATIVE  BE TASTY  BE DRAMATIC	BE TASTY  BE DRAMATIC
PLEASE NOTE THAT SESSIONS ARE ONLY OPEN TO CURRENT MEMBERS AND ARE <b>INVITE ONLY</b> AND NEED TO BE BOOKED IN ADVANCE. TO BOOK A JUNIOR SESSION PLEASE CONTACT DIANE WINNARD AT DIANE.WINNARD@INSPIREYOUTHZONE.ORG. TO BOOK A SENIOR SESSION PLEASE CONTACT MICHAEL WILKINSON AT MICHAEL.WILKINSON@INSPIREYOUTHZONE.ORG						
DETACHED	4.15PM - 6PM	EUXTON SKATE PARK/ GREENSIDE	ECCLESTON REC	CLAYTON BROOK	SPRINGFIELD PARK, COPPULL	JUBILEE REC, ADLINGTON
	6PM - 7.45PM	DUKE STREET PARK, CHORLEY	CORONATION REC (DEVONSHIRE) CHORLEY	HARPERS LANE	CORONATION REC (DEVONSHIRE) CHORLEY	BUTTERMERE GREEN REC
SOME LOCATIONS ARE SUBJECT TO CHANGE, ANY CHANGES WILL BE ANNOUNCED ON FACEBOOK/INSTAGRAM STORIES.						
VIRTUAL SESSIONS		COME DRAW WITH ME	YOUTH ZONE KAHOOT QUIZ (WARRINGTON YZ)		COOKING SHOW 2PM DEBATE CLUB 6PM	DRAMA CLUB 4PM
OUR VIRTUAL SESSIONS ARE ON ZOOM, CODES WILL EITHER BE EMAILED DIRECTLY TO YOU OR ADVERTISED ON FACEBOOK/INSTAGRAM STORIES SHORTLY BEFORE THE SESSION.						
MENTORING	MENTORING SERVICE IS OPEN TO INSPIRE YOUTH ZONE MEMBERS FOR YOUNG PEOPLE AGES 8-19 YEARS OLD. IF YOU WOULD LIKE TO KNOW MORE ABOUT OUR MENTORING SERVICE EMAIL RYAN.POWELL@INSPIREYOUTHZONE.ORG. (UP TO 25 FOR YOUNG PEOPLE WITH SPECIAL EDUCATIONAL NEEDS OR DISABILITY)					
LBT HOLIDAYS		1.30PM - 3.30PM		1.30PM - 3.30PM		1.30PM - 3.30PM

"A CHARITY AT THE CENTRE OF OUR COMMUNITY, A PLACE WHERE YOUNG PEOPLE CAN BE SAFE, BE INSPIRED AND HAVE FUN!"

<b>REC</b>	The rec room is now a communal space in the sports hall. Activities can include; table tennis, pool, bingo, card and board games.
<b>BE TRANSFORMED</b>	Be Transformed is a session designed to promote wellbeing and positive mental health in a comfortable environment. Activities can include; fun games, beauty, positivity and mental health awareness sessions.
<b>BE LOUD</b>	Be Loud gives members the opportunity to learn and practise a musical instrument. Activities can include; Instrument lessons, YouTube Covers, band practise and singing.
<b>BE CREATIVE</b>	Be Creative allows our members to continue drawing, painting and creating. Activities include; mindfulness painting, still-life canvas, tie-dye and young members own work.
<b>BE ACTIVE</b>	From August 10th, we will be opening the gym and be able to run small workout sessions.
<b>BE DRAMATIC</b>	Be Dramatic sessions can include; morris dancing, street dancing, gymnastics and lyrical movements.
<b>BE TASTY</b>	Be Tasty sessions give young people basic baking skills. Activities can include; making fairy cakes, chocolate chip cookies and cookie pizza.
<p><b>All our sessions are run by experienced Youth Workers who are skilled in their activities. Each session has been individually risk assessed.</b></p>	
<b>OUTREACH</b>	Our Outreach programme is designed to target young members in a community environment. We have dedicated and experienced youth workers heading out to local parks and centres to engage with young people. Activities can include; football, dance and sport.