

OUR RECENT IMPACT

*STATISTICS FROM 1ST APRIL

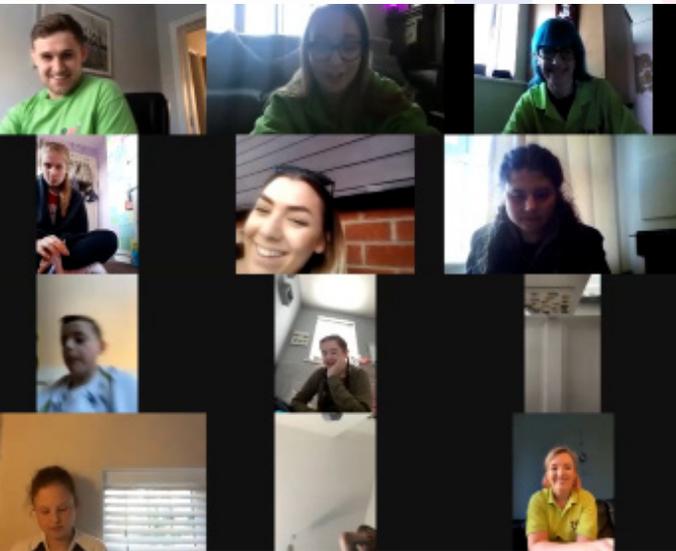
OVER **500** ENGAGING SOCIAL MEDIA POSTS

48432 ENGAGEMENTS

31628 MINUTES VIEWED

920 NEW USERS

12 WEEKLY INTERACTIVE LIVE SESSIONS



OVER **40** FACE-to-FACE MEETINGS

OVER **120** YOUNG MEMBERS ENGAGING IN ZOOM SESSIONS

100 NEW FOLLOWERS

200+ INTERACTIVE PIECES OF CONTENT

OVER **48** HOUR OF COMMUNITY OUTREACH

OVER **220** HOURS OF 1-TO-1 MENTORING

OVER **150** WELFARE CHECKS

140 CRISIS HELPLINE TEXTS ACTIONED

700+ CALLS TO VULNERABLE YOUNG PEOPLE

1000+ SHOPPING BAGS DELIVERED TO RESIDENTS



INSPIRE

TESTIMONIALS



Phoebe, aged 11

Phoebe has been attending the Junior sessions at Inspire Youth Zone 3 days a week since it opened. Phoebe was diagnosed with Aspergers just before lockdown however Inspire has always been there to support her individual needs.

"If I wrote 10 pages about Inspire, it would not be enough to express how wonderful this place this is and how it has changed my daughter Phoebe's life."

Phoebe began to struggle to with the junior football team becoming overwhelmed in the session. Inspire stepped in straight away giving Phoebe the opportunity and freedom to go at her own pace and participate in SEN sessions, allowing her to be part of the team and still having the support of her emotional needs. During lockdown, Inspire provided plenty of virtual content and mentoring support for Phoebe.

She has thrived at Inspire, the friendships she has made and the ability to socialise with lots of children has given her the confidence to be herself, I truly believe at Inspire she can herself and not afraid to 'Be Phoebe'. In her own words "Inspire has been a good place for me to be free, be myself around people, make new friendships and have a positive attitude to the future. The staff are really good at helping me to calm when I blow up. All the activities are really fun I cannot wait for it to be back open fully!"

"As soon as he joined Inspire, the difference in him and his mental health was incredible. Every staff member is extremely dedicated and their focus on helping Kristian was humbling."

Kristian, aged 16

Kristian has various disabilities, he struggled greatly with his autism which in turn also affected his mental health. He had no friends and spent much of his free time in his bedroom.

They helped him to believe in himself and be proud of who he is, they helped facilitate him living a happy teenage life which all parents want for their children. Without them, I truly believe Kristian would be in a very dark place. Inspire really is the most important part of his life. He's made friends at last and his confidence in himself is amazing. We, as parents also know that he's safe and cared for at Inspire so we in turn can relax.

Over the past few months Kristian has had to be shielded due to his health conditions but the staff haven't just forgotten about him. He has had numerous phone calls, social distanced visits to our home and an invaluable weekly mentoring zoom call which has proved invaluable. Kristian would not have been able to get through the past few months without it badly affecting his mental health it wasn't for the Inspire team. The work they do with young people is amazing.

Ben, aged 13

I'm a mum to 3 boys ages 8, 12 & 13. The oldest two boys have additional needs and have been attending for the last 2 years.

"All my boys know that they can ask anyone at the youth zone for support or talk to them if they are struggling."

The youth zone has been an absolute lifeline and the staff have gone above and beyond for my family. My middle son was out of school for 18 months with unmet additional needs. Diane at the youth zone supported us getting my son back in to full time education at a special school. Without her knowledge and support, I would still be fighting the system. My eldest attends the youth zone 2/3 times a week and his confidence, self esteem and social skills have developed.

Even though the youth zone has been closed due to lockdown, they have supported my children by providing a telephone counselling and support service which they have used when their mental health was poor. Additionally, they have provided activities over social media and zoom to keep the boys entertained and to reduce isolation.

During the school holidays my oldest two boys have received funded places for a few hours a week which includes a lunch. This has been invaluable provision, allowing me to spend more time with my youngest son. I know my children are safe at the youth zone, have a good time and their needs are met.

"A charity at the centre of our community, a place where young people can be safe, be inspired and have fun!"