

To find out more;
text **PRINCE** to
80 800 free of
charge.

For more information about the
Team Programme, or to sign up,
please contact the team in your
area:

Chorley:

Mobile: 07739 952 224

Leigh:

Telephone: 01942 677 521
Mobile: 07810 123 854

Southport

Mobile: 07867 353659

Warrington:

Mobile: 07736 433367 or 07860 839294

Wigan:

Telephone: 01942 821 444
Mobile: 07713 565 442



Team
programme



TAKE THE FIRST STEP TO..

- A JOB OR APPRENTICESHIP
- TRAINING
- A MORE CONFIDENT YOU



RECEIVE INCENTIVE
UP TO £100
IN LOVE TO SHOP
VOUCHERS



Team
programme



16 ACTION PACKED WEEKS THAT COULD CHANGE YOUR LIFE FOREVER.

If you're aged 16-25 and you're not happy with where your life seems to be going at the moment, it's probably time you tried something new.

Each year the Prince's Trust Team Programme helps thousands of young people to get their lives back on track. Getting involved with the Prince's Trust will introduce you to new people, help you to learn new skills and gain qualifications.

At the end of the programme you'll be able look back on a life changing experience and look forward to a positive future.

"An inspiring project" - Ofsted

- Meet new people and make new friends
- Make a difference to your local community
- Learn new skills and gain qualifications
- Get work experience in a job you enjoy
- Build your confidence
- Start looking forward to a positive future



YOUR PROGRAMME, WEEK BY WEEK

WEEKS 1-2

Meet new people - the action starts

Don't worry about being on your own. It's informal, with plenty of activities to help you to get to know everyone and start to feel part of the team.

WEEK 3

Team building

This week is full of activities designed to help you get to know each other and to learn how to work together as a team.

WEEKS 4-6

Community project

Your team decides on a project to do in your local community and how to make it happen. You might be surprised at what you can achieve together. This gives you a great experience to talk about at interviews.

WEEKS 7-9

Work experience

Two weeks of work experience will help to develop your skills. It's also a great chance to try out a type of work, or a company, to see whether or not you like it.

WEEK 10

Plan for the future

Time to plan your next steps after the programme. You'll get help to write a

fantastic CV, practice your interview skills and make applications for jobs or further training.

WEEKS 11-12

Supporting others

You and your team will take on a challenge to help others in the community. This is when you get to test out all the skills you'll have worked on so far.

WEEK 13

Team celebration

This is where you'll deliver a presentation to family and friends, plus potential employers and Groundwork staff. By then you'll have the confidence to show off the skills you've gained, explain what you've accomplished and tell them what your future plans are.

WEEKS 14-16

Extra workplace experience

The final step is on an extended work placement that will really add to your experience, boost your CV and your confidence.

FREE
BUS TRAVEL