

# Partner update

**NHS**  
Lancashire &  
South Cumbria  
NHS Foundation Trust

We are  
LSCft

November 19, 2021

Dear Colleagues,

Welcome to our latest partner update.

Last week we celebrated our inaugural virtual Time to Shine staff awards event. I was delighted to be able to present the awards with Graham Liver from BBC Radio Lancashire, and it was an honour to hear about all the incredible work delivered by my colleagues, especially in such challenging times. You can watch the [show here](#).



Nationally pressure in the NHS is at the highest it's ever been. Across Lancashire and South Cumbria we are noting a significant increase across our urgent mental health pathway. Demand across our urgent care services in Q2 2021/22 show a 25% increase on the level of demand in Q4 2020 (pre-Covid). Pressure in the community and on our physical health teams is equally challenging, with our district nurses seeing 15% increase in referrals, 29% increase in end of life patients, 63% increase in patients with more complex needs.

Looking after our people will be at the forefront of all our minds this winter, with pressures predicted to be unprecedented. Focusing on the health and wellbeing is a high priority, for both our staff and the communities we serve.

We are preparing for winter making sure patient 'flow' through pathways is maximised, avoiding unnecessary attendances to hospital, supporting patients in the least restrictive environment and safely discharging and supporting service users in communities when an admission cannot be avoided. The Lancashire and South Cumbria Health and Care System will be working together in a coordinated way to safely manage demand pressures this winter.

## Other news this week:

- Recruitment success for Wesham Rehabilitation Centre

- Royal honour for nurses
- Equality Commission and Sir Michael Marmot
- Fantastic opportunity for psychology graduates
- Celebrating occupational therapy
- Kickstarting careers
- Talking to troops
- Safeguarding award

Kind regards,

**Caroline Donovan**

**Chief Executive, Lancashire and South Cumbria NHS Foundation Trust**

## Trust headlines

### **Wesham event a huge success**

We held a community engagement and recruitment event at Ribby Hall last week, to introduce the upcoming Wesham Rehabilitation Centre. The team managed to fill all their advertised roles on the day – a fantastic achievement!

The event also presented an opportunity for the people of Wesham to talk to clinical leads and service managers about the new centre. LSCft colleagues are very keen to have a great working relationship with the local community, for all the benefits that brings – for both service users and local people.



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## Royal honour for Jessica and Emma

Congratulations to two **LSCft** stars who have received a prestigious nursing honour.

Jessica Curwen and Emma Haran have received the title of Queen's Nurse (QN) due to the dedication and hard work they have shown in their profession.

The title of Queen's Nurse is available to individual nurses who have demonstrated a high level of commitment to patient care and nursing practice.

Emma Haran, who has worked in community nursing for 15 years, is a district nurse team manager and practice teacher working in the Blackburn with Darwen east district nursing team. She decided to apply for the title to recognise the commitment she has made to community nursing.



Emma said: "Being successful in being awarded Queen's Nurse I feel demonstrates the contribution and difference I have made to patient care. I feel honoured to have received this award. I look forward to networking with other Queen's Nurses and being part of the QN family."

Jessica is community specialist practitioner, also with the east district nursing team. She said: "I feel very privileged to have become a Queen's nurse. I feel that it is a great achievement and I am looking forward to networking with other like-minded individuals."

## Good news, good practice and transformation

### Health equity – top of the agenda across Lancashire and South Cumbria

We recently welcomed Professor Sir Michael Marmot as a guest speaker at our November staff 'Engage' session, where we heard about how his health inequalities strategy directly links to the progressive work we are doing here at LSCft.



We also had the pleasure of welcoming Sir Michael back once again last Friday as we hosted a dedicated workshop with partners from across the system to explore the relationship between mental health and health inequalities. It was a really great workshop which will inform the new Health Equity Commission (HEC), made up of leaders of Lancashire & South Cumbria's councils and NHS and is chaired by Sir Michael Marmot.

With Professor Sir Michael Marmot as the Chair, the HEC will consist of regional health, community, business and public sector leaders and influencers, as well as independent experts. The Commission will aim to provide local leaders, organisations and partnerships with the support they need to make health inequalities and the 'prevention agenda' a joint priority and provide a loud and clear voice in the region.

### Safeguarding award for The Harbour, Blackpool

Congratulations to the team working on Byron Ward at The Harbour, who have been presented with a safeguarding award from the National Safeguarding Team. This is the first time a team has secured this award, and it was as a result of 'gold standard' safeguarding and outstanding delivery of person-centred care.



The team were presented with the award by Maria Nelligan, chief nursing and quality officer, and Catherine Randall, associate director of safeguarding, NHS E&I.

Catherine said: "It was an honour to award the staff and leadership team a national safeguarding award for best practice. I had an incredibly inspiring visit to The Harbour, keep up the great work Byron team!"

## **Trainee psychologist roles created thanks to £1.3m boost**

Recruitment is underway for 100 new trainee associate psychological practitioner (TAPP) posts thanks to £1.3m extra funding for the north-west.

The project has been led by the Innovation Agency and funded by Health Education England, and will see trainees work across LSCft services during their 12 month course.

The University of Central Lancashire is delivering training towards a new Postgraduate Diploma Associate Practitioner Psychologist (PGDip APP).

The role provides a new career gateway for psychology graduates and will help to tackle a shortage of psychological professionals

Consultant clinical psychologist Dr Miranda Budd, who is the clinical lead for the TAPPs in Primary Care Networks, said: "I'm so pleased this extra funding has been agreed. Every week I hear great examples of how the TAPPs are helping people learn skills to manage their mental health, reduce distress and improve resiliency. It feels like a really worthwhile project to be part of."

Trainee associate psychological practitioners will be appointed on one-year training contracts to deliver psychological service input in a supervised role across a range of services from adult mental health, through primary care and health psychology.

## **Celebrating the contribution of occupational therapy**

Colleagues have been celebrating the vital contribution of occupational therapists to mark Occupational Therapy Week 2021.

We employ more than 240 occupational therapists in many services, including in senior clinical posts like chronic fatigue syndrome/ME, inpatient mental health, specialist services, community and young people services.

To mark the week, Burnley and Pendle CMHT sold cakes to raise money for the foodbank at Colne Open Door Centre (left). The event also raised important discussions about equity in healthcare.



The therapy team on Scarisbrick unit and Lathom unit in Ormskirk also marked Occupational Therapy Week with a special display (right).

The team is working towards breaking down barriers to reduce health inequalities, linking in with this year's theme of equity.

## Kickstarting careers

Congratulations to four young people on our Kickstart scheme who have now gained permanent employment with our Trust.

Lewis has joined the transport team, Kallum has joined workforce, Eva and Amber have both secured occupational therapy assistant posts.



WE ARE SUPPORTING



# KICKSTART SCHEME

Kickstart supports young people aged 16-24 who are receiving Universal Credit and at risk of long-term unemployment. It's great to see that the scheme is working.

We have another 19 young people on the Kickstart programme and we will continue to support them with interview skills training and offer interviews for health support worker roles for those on clinical placements. If no permanent roles are available in their area of interest, we will encourage them to join our bank and hopefully support them into permanent work over time.

## Troops given time to talk at health fayre

Guidance to support good mental health was offered to soldiers and their families during a health fayre this week.

Weeton Barracks hosted the event for troops, which saw health and wellbeing organisations come together to offer advice.

A team from LSCft went to the event, which was attended by 400 soldiers and family members.

The event reminded those serving and their families, that help is available in Lancashire from a variety of sources should they ever need it.



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