

Equality Forum

Chorley Youth Council



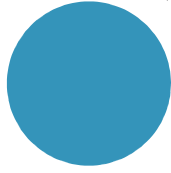
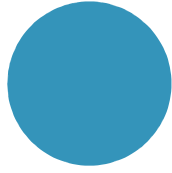
What was important to you when you
was a young person?

What does Youth Council do?



Chorley Youth Council

Present assemblies

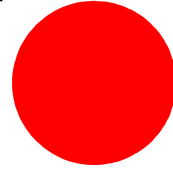
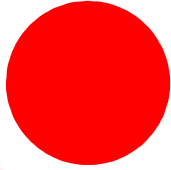


Campaign on a local level



Lancashire Youth Council

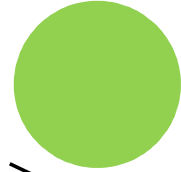
Meet county councillors and other decision makers



Campaign on a county level



Campaign on a national level. Eg/ Votes at 16



UK Youth Parliament

Go to the
H...

the zone







Youth Parliament

MAKING OUR MARK

United Kingdom



UK Parliament/Jessica Taylor

DEPRESSION
CAN LAST FOR
DAYS
WEEKS
MONTHS
YEARS



Women experience depression **2x** as often as men



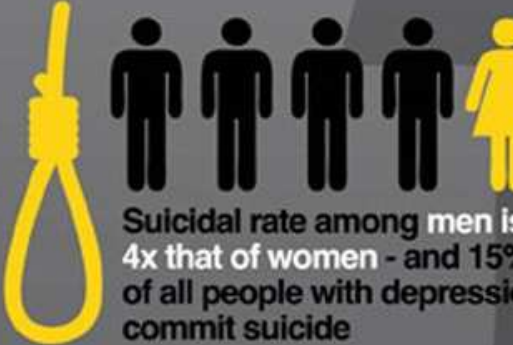
1 IN 8 MEN ARE DIAGNOSED WITH A COMMON MENTAL DISORDER AT ANY ONE TIME.



4,552 MALE SUICIDES
1,493 FEMALE SUICIDES

In 2011 there were 4,552 male suicides compared to 1,493 female suicides.


Suicidal rate among men is 4x that of women - and 15% of all people with depression commit suicide



Mental Health campaign

75%

IN 2011, A TOTAL OF 6,045 PEOPLE IN THE UK DIED BY SUICIDE AND OVER THREE-QUARTERS (75%) OF THESE SUICIDES WERE MEN.



75% Male suicide accounts for 75% of suicides in the UK



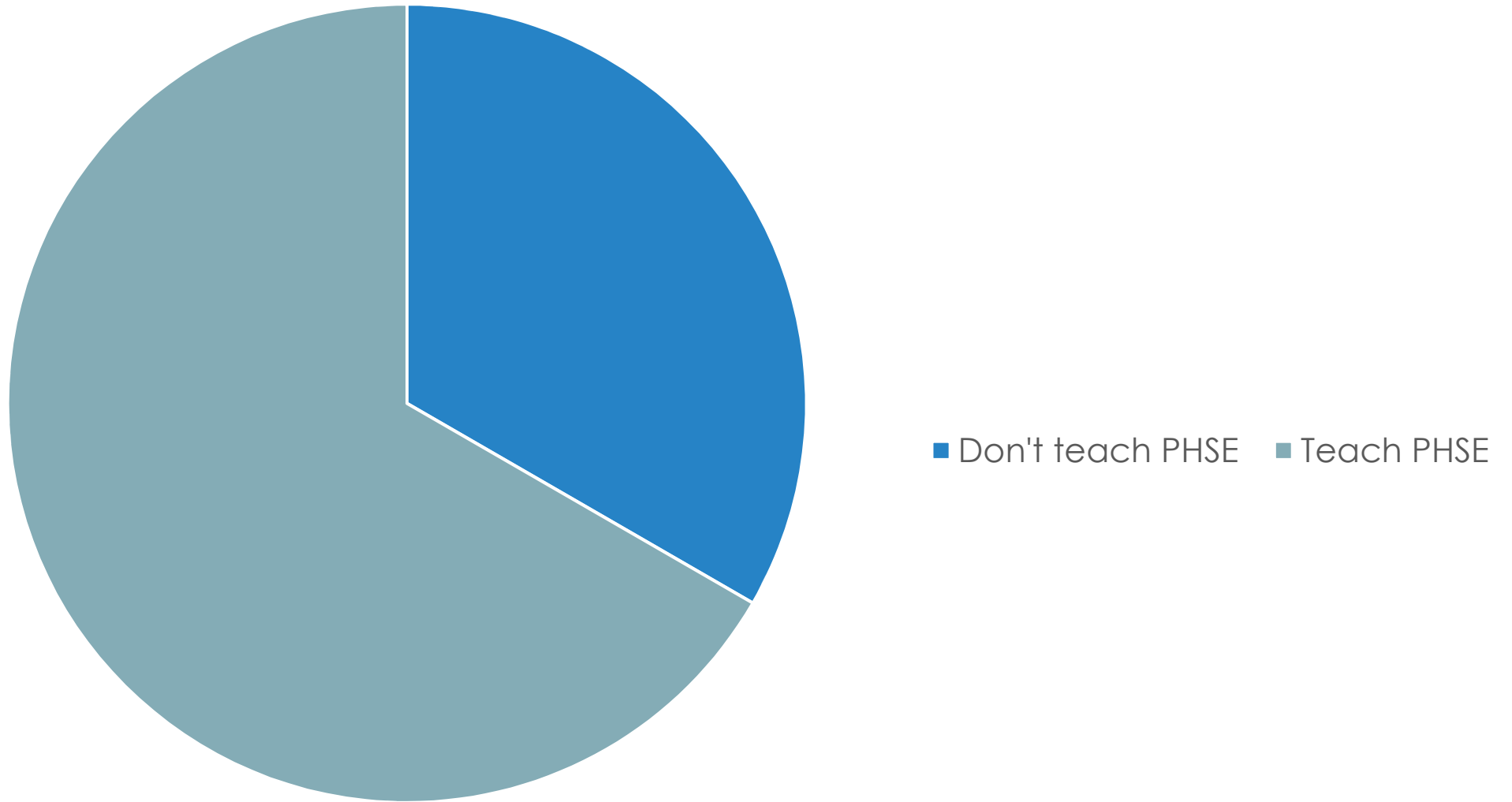
THE HIGHEST SUICIDE RATE WAS IN MEN AGED 30-44.



3 TIMES MORE LIKELY FOR A MALE TO COMMIT SUICIDE IN THE UK



Do you teach PHSE?



Mental Health campaign

Why are we campaigning on Mental Health?

- We feel that young people are not educated enough on mental health
- We want to raise awareness of the different types of issues young people face

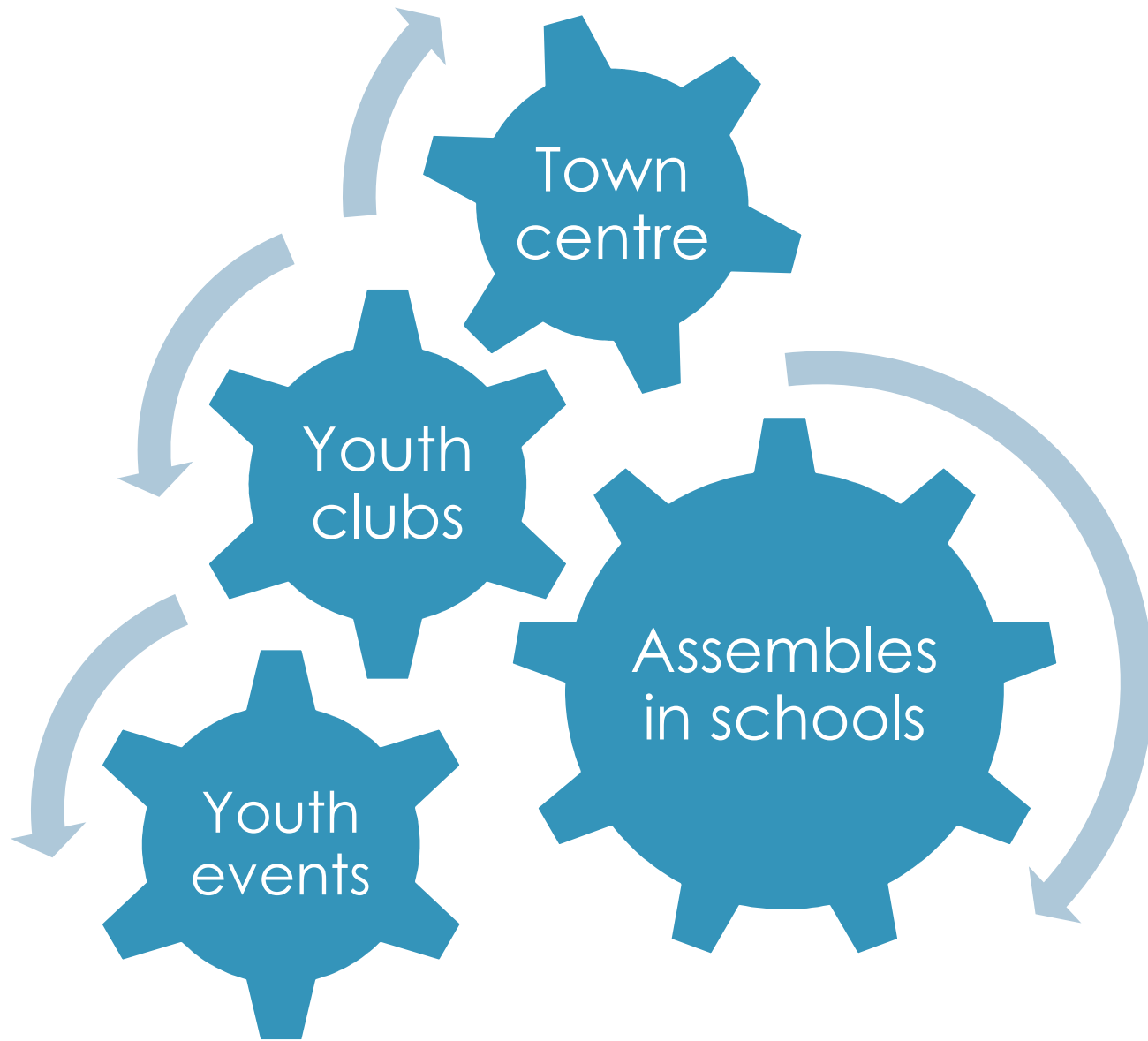
What have we done so far?

- Since starting the campaign we have sent questionnaires into high schools in Chorley
- Contacted CAMHS and other organisations that are focused on Mental Health



**Make
Your Mark**





So, what's important to us?

- Giving young people the chance to learn about Mental Health
- Allowing them to know when a friend needs help by raising awareness of Mental Health
- Giving young people the chance to have their say on a national level

Thank you